

Special Edition: 2013 in Review

Welcome to our Special Edition of *snapshots*... A Review of 2013.

I am proud to have served as President these past 2 years. In this newsletter, we will share a brief history of SNAP as well as 2013 information about our programs, services, activities and accomplishments. You will learn about our resources and those included in our SNAP Circle of Supporters (volunteers, clients, donors, community partners and corporate sponsors). There are comments from a few clients and volunteers about what makes their experiences with SNAP meaningful.



Bill Salisbury

We know that many small acts can make a huge difference to our clients. The time will come for most of us when we need a little extra help to stay in our own homes safely and independently, or to transition to a more supportive type of community.

As I turn over the President's gavel to Jeff Bartell, I want to thank you again for your generous support and ask you to help SNAP reach its goals for the future. This is truly a "Neighbors Helping Neighbors" service organization.

Bill Salisbury
President 2012-2013

Our Vision: Enhance the quality of life for senior and/or disabled, injured or ill residents residing in the SNAP service area (Craycroft, Sunrise, Kolb and River Rds.) as they age-in-place in their own homes.

Our Mission: To provide an array of "neighbors helping neighbors" volunteer services, educational programs and social events that assist and support residents in their own homes.

Hello and Happy Springtime:

2013 was a very good year for SNAP! While celebrating our 5th year of service to the community, we continued to help many residents stay in their own homes through support and assistance from more than 100 volunteers. We enlarged our SNAP Circle of Supporters with additional clients, new volunteers, donors, local businesses and community partners. Program highlights included our 4th Annual Health and Safety Fair in the Fall and our Home~Garden and Treasures Tour in April. We added special value to our community through two new projects: the improvement of the Tortuga (Spanish for turtle, our SNAP logo) Trail, and the initiation of our Caregiver Support Project for those taking care of loved ones with dementia at home.



Tiny Read

It has been my privilege to be part of SNAP these past five years. I appreciate the support and assistance that all of you give our organization and look forward to keeping SNAP at the heart of the community in the coming year. Your continued support and assistance is very much appreciated!

Lucy W. Read ("Tiny")
SNAP Coordinator

History of SNAP

In 2008, a small Steering Committee/Board from Sunrise Mountain Ridge (Jayne Henninger, Dianne Kercheval, Tiny Read and Lu Salisbury) talked about the possibility of starting an organization that would provide support and assistance to Fairfield residents choosing to age-in-place in their own homes.

- Volunteers were recruited to assess the need and interest for this type of program.

- A grant for start-up funds was awarded by PRO-Neighborhoods.

- Articles of Incorporation were submitted to the state and an application for tax-exempt status was filed with the IRS.

- SNAP became a member of the Neighbors Care Alliance of Pima Council on Aging.

In December of 2009, SNAP began offering rides to medical or personal appointments, shopping and errands. Other services included caregiver relief, friendly visiting, occasional meals, minor home repairs, telephone or email reassurance, pet care, simple yard work and loans of gently used home health equipment. There was, and still is, no charge for any SNAP service.

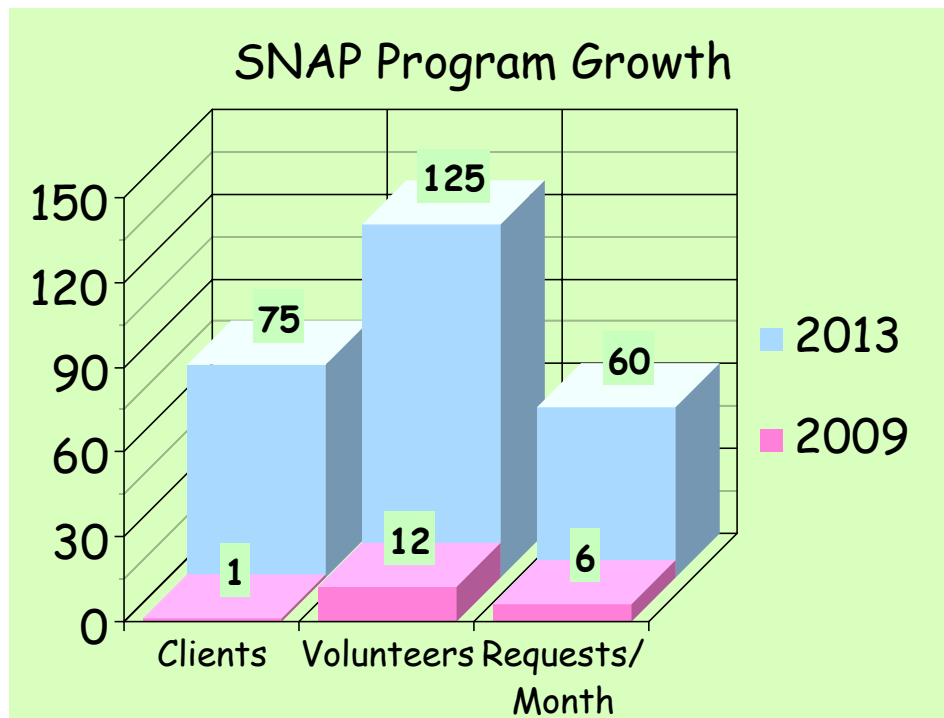
In 2012, SNAP's Board of Directors was enlarged to nine persons to assure competent leadership of the organization and to provide oversight to all SNAP operations.



Ribbon cutting on Tortuga Trail

Also in 2012, SNAP became a pilot neighborhood in the ELDER Alliance. Supported by a five year grant from Community Foundation for Southern Arizona, the mission for ELDER Alliance is to create communities that assist

older adults who choose to age-in-place. SNAP and the ELDER Alliance are closely linked due to ongoing support provided to SNAP through Jewish Family and Children's Services for its Community Mobilizer, Tiny Read.



SNAP in 2013

In addition to expanding SNAP's core Neighbors Helping Neighbors services to other Sunrise Associations, two new projects emerged in 2013; resident input identified the need for Tortuga Trail and Caregiver Support projects.

The Tortuga Trail is a walking path parallel to and north of Territory Drive which has been cleaned up (by volunteers from TEP) and repaired with funds from individuals, businesses and a grant from Jewish Family and Children's Services.

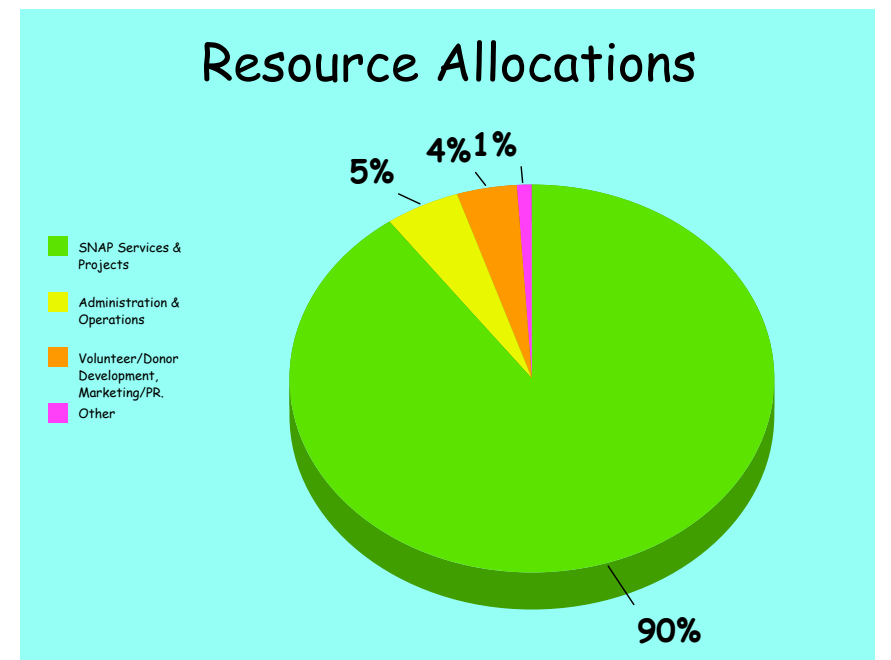
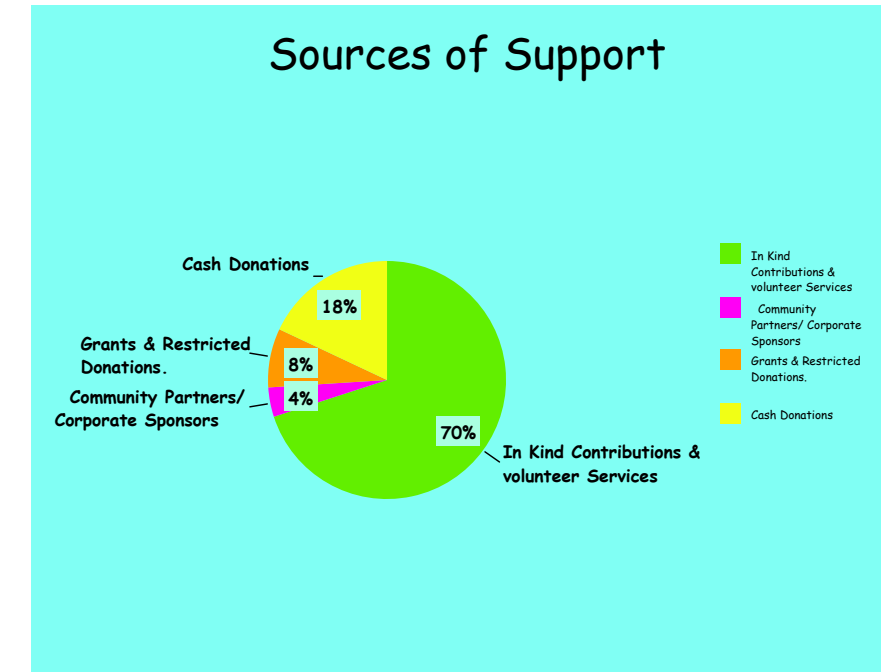


Tortuga Trail volunteer

The Caregiver Support Project is a partnership between SNAP, the Alzheimer's Association and Freedom Inn, a nearby senior living community. The project aims to reduce the stigma of Alzheimer's disease and other dementias through education, caregiver training, caregiver support and short-term respite.

Financial Management

SNAP's most valuable resource is by far, its volunteer force and the services provided. The charts below show the distribution of income and expenditures.



STORIES FROM A FEW SNAP CLIENTS AND VOLUNTEERS...

SNAP is privileged to be of service to many remarkable friends and neighbors who occasionally need a little extra help. Here are some of their stories:

SNAP Decision = Independence

“I drove until I was almost 90 when I fell and broke my right hip. The doctor told me, ‘You can do anything you want—except drive.’ Ruth wondered what to do. She thought this hip fracture was a threat to her independence.

Neighbors told her about SNAP. She says the service is “a blessing.” “I don’t know how I would go as many places as I go without SNAP. My family doesn’t have the time, and I couldn’t afford a taxi. SNAP has helped me a lot. I don’t get cabin fever, and I get out,” she says. “I can’t imagine living without SNAP, because I’d just be in the house a lot.”

What would she say to someone who needs a bit of help? “I’d just tell them, try SNAP, you’ll love it, and from then on, you’ll use it.” —*Ruth*

Lifeline for a Lifetime

Tom knows SNAP from the inside out—as a client and as a board member. He discovered SNAP two years ago at a neighbor’s suggestion. A chronic eye disease inhibits Tom’s vision and he is unable to drive.

“SNAP is a lifeline,” he says. “The service is always there. I’ve never had to change an appointment. They meet my schedule; I don’t have to meet theirs.” —*Tom*

SNAP Helps a Grateful Client

The phrase “full of life” was penned with Gina in mind.

She has been a SNAP client for two years, after a fall left her with two fractured discs.

Gina heard about SNAP from the Pima Council on Aging. “I am constantly in need. When it’s not the eye doctor, it’s the foot doctor, and when it’s not the foot doctor, it’s the dentist,” she says, noting that she relies upon SNAP volunteers two to three times per week.



Volunteers Sharon Kaufman, Angela Bartell and Gloria Abbey.

“All my volunteers, all my drivers, I treasure. They are wonderful people.” Gina finds SNAP indispensable to maintaining her independence. “I am very grateful. Nobody should wait to call when they need things. And that’s the honest truth.” —*Gina*

“The work you do is invaluable! People I’ve met who don’t have this service are so jealous. Many thanks for the help I received. I am truly grateful.” —*B.H.*



Volunteers Mimi McMahon-Melo, Judy Choate, Norma Patrick and Sue Thompson.

From The Other Side:

SNAP is also privileged to have an exceptional volunteer force which responds willingly to requests for service. Here are comments from two long-term volunteers.

SNAP is a Way of Life

For Gloria, joining SNAP was a way to meet neighbors. Now, it has become a way of life. “When I moved here I had lost most of my friends. The SNAP Lunch Bunch was a way to make friends.”

She soon became one of the organization’s first volunteers. “I do more than drive,” she emphasizes. “I do whatever is needed for events. I’ve cut up tons of fruit and I’ve folded chairs. We all do something (to help).” Gloria is a natural advocate for SNAP services. “I think SNAP is remarkable. It’s so worthwhile. “

“Volunteering is good for me. It gives me something to do. It’s a good fill in my life.”—*Gloria*

Minty lives in Tucson from November until May and drives clients about once a week.

She says, “I am very pleased to be a member of SNAP. I really like it because you meet different people and you have different experiences with each one. It gives you a good feeling to know that a little thing you can do for them (like taking them to the doctor or to a yoga class) means so much.

It’s a fun thing to do, knowing that you’re helping somebody and giving back to the community I like so much.

It makes me feel I’m doing something worthwhile. I think it’s a great organization and I’m proud to be a part of it!”—*Minty*



“At the heart of our community”

SNAP CIRCLE SUPPORTERS

An inclusive group of community partners, corporate sponsors, clients, volunteers and donors

2013 Community Partners

- **Pima Council on Aging: PCOA** is the premiere resource for senior adults in southern AZ. SNAP is a member of PCOA’s Neighbors Care Alliance.
- **ELDER Alliance** is a collaborative team aimed at helping Pima County residents grow old gracefully in their own homes and communities.
- **Jewish Family and Children’s Services: JFCS** provides funding, technical expertise and support for the Community Mobilizer (aka SNAP Coordinator) through ELDER Alliance.
- **Freedom Inn at Ventana Canyon** (a Brookdale Senior Living Community) is an assisted living facility in the neighborhood which provides support and consultation to SNAP’s Caregiver Support Project team; it was a 2013 SNAP Health Fair Sponsor.
- **Lutheran Church of the Foothills and St. Alban’s Episcopal Church:** Both organizations provided space for SNAP meetings, programs and events in 2013.
- **Tucson Electric Power Company:** TEP provided 25 volunteers who cleared overgrown vegetation and debris on the Tortuga Trail prior to repair work.
- **Infinity Earthworks:** This local landscape company provided in-kind contributions of labor, project management and volunteer service.
- **TMC Senior Services:** This extension of Tucson Medical Center provides education, outreach and wellness presentations; it was a 2013 SNAP Health Fair sponsor.
- **Remedy Intelligent Staffing:** This full service staffing company has provided numerous in-kind contributions to SNAP over the past five years—creative design work, copying, food and volunteer service.
- **Sunrise Communities in Fairfield:** Sunrise Territory Village, Sunrise Presidio Townhomes and Sunrise Territory Estates have made financial contributions to the Tortuga Trail. Sunrise Mountain Ridge provides in-kind support.



2013 Corporate Sponsor Support

Home~Garden and Treasures
Tour sponsorship is open to companies and services doing business with residents in the SNAP service area.

AAA Appliance Services
Alan Bradley Roofing
Allied Glass Services

Angela Tennison—
Long Realty
Arizona Pest Control
Bartlett Tree Experts
BMR Home Improvements
Branching Out Tree Service
Brett's Kitchen and Bath
Catalina In-Home Services
Deppe's Landscape
and Design

E-Konomy Pools
El Cisne Restaurant
Hodges Construction
J.K. George Renovations
JG Painting, Inc.
Karla Smith—Karla & Co.
Infinity Earthworks, Inc.
Nail Trix II
Pat Noble/Chris Berry—
Tierra Antigua Realty

Peggy Sue Miller—
Long Realty
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Republic Services, Inc.
Roof Tek, Inc.
Signal Doors
Stoney's Masonry &
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2013 SNAP Circle Donors

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Marlene J. Zimmerman
Ruth & Robert Zollinger
Anonymous (19)

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Jack Bellestri
Jim Calene
William Corcoran
Stacy Mathas
Joyce Nichols
Parents of CR & Connie Teeple
William Peiffer
Don Pelley
Max & Annie Sandherr
Marie Jenks Sutton

Gifts were given in honor of:
Gloria Abbey
Carolyn & Scott Aita
Nancy Bower
Cynthia Clark
Jim & Dianne Kercheval
Hope Mathas' Parents
Bob & Pat Maginel
Ann Mountford
Mr. & Mrs. Rabinowitz



What's a celebration without cake?



Sue and John Gigax, Jeff Bartell



SNAP turtles ROCK...



...and STROLL!

Many persons gathered for the Circle Celebration and 5th Birthday Party in January. This event is our way of saying "Thank You" to 2013 SNAP Circle Supporters.



Jayne Henninger and Dottie Lewis made sure no one left hungry.

snap
Sunrise Neighborhood Assistance Program

2014 OFFICERS AND DIRECTORS
Jeff Bartell, President
Lu Salisbury, Vice-President
Norma Patrick, Secretary
Dottie Lewis, Treasurer
Tom Cahill
Charlie Finlan
Mimi McMahon-Melo
Bill Salisbury
Tiny Read, SNAP Coordinator

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26 Corporate Sponsors
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and 172+ individuals
A big THANK YOU to each and every one of our Supporters



P.O. Box 30494
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LOOKING AHEAD TO 2014

As a nonprofit 501(c) (3) organization, SNAP relies on charitable contributions from individuals and businesses to offset expenses we incur helping our neighbors live at home and to fund special projects. Gifts made to SNAP are fully tax deductible as allowed by law. Your support of SNAP can take many forms: checks, cash, stock, bequests, memorial gifts, in-kind donations, special project or event contributions and gifts of your time and talent. Please call 437-9556 to discuss any of these opportunities with a SNAP representative.

What is the time commitment for volunteering with SNAP?

There are no minimum hours of service required and SNAP welcomes winter visitors and parttime residents. Please call 437-9556 for an application and more information. SNAP needs you!

Who can use SNAP?

Any resident 55 years old and over in the SNAP service area. Think of SNAP following discharge from a hospital or rehab facility, when you are ill, when respite is needed for a family member, if you feel alone or isolated or have a long-term disability.

Please join us for SNAP's Come and Learn Programs:

- Community Resources for Seniors with Dementia
April 15, 2014 at 2 P.M.
(SMR clubhouse)
- When / How Should Car Keys be Confiscated?
May 20, 2014 at 2 P.M.
(SMR clubhouse)