



AGE IN PLACE HOME PLANNING CHECKLIST

SAFETY--EXTERIOR

Neighborhood is safe for walking and home security
Doors and windows are in good working condition and able to be locked
Exterior of home and landscaping is well maintained and not blocking windows
Entryways allow for safe and easy access to and from the house
A trusted neighbor has home keys or knows access code in case of emergency
Alternative procedure to enter house in case of emergency and lock box considered
Exterior to interior access, barrier-free
Ramps:
1" of rise equals ramp length of 1 foot
3" curb to door equals 3-foot ramp
Rubber – Concrete – Aluminum – Wood
5' x 5' level area at door entrance and 5' x 5' level area at end of ramp
Hand, knee and toe rails required on ramps over 6" tall
Lever door handles
Keypad dead bolt locks
Motion lights at exterior entrance to home
Exterior paths are clear of trip hazards
Pool lifts and additional railing

SAFETY—INTERIOR

Smoke/carbon monoxide detectors are installed and working, check annually
Flashlight and phone are near the bed in case of emergency
Stove tops and cooking surfaces are free of fire risks
Floors are free of unsecured area rugs and runners
Floor surfaces are slip-resistant and/or cushioned
Floors and hallways allow for easy passage and are free of tripping hazards
Garage is clean and free of hazardous materials and unneeded items
Adequate, bright lighting is available throughout the house and at all entrances
Nightlights are installed in all nighttime passageways; hallways, bedrooms, bathroom, kitchen

BATHROOM

Preferably barrier-free shower floors
Shower curtain for larger opening rather than glass
Friction factor on floors and on grab bars
Grab bars are installed in tub/shower area
Shower slide bar with handheld shower head
Wall mount or portable shower seat
Comfort height commode 17+", if needed
Assistance of some sort (grab bars, PT rails) on sides of commode

